

# York County Community Health Care

*meet our new*

## Medical Providers



**David Austin, MD**

Dr. Austin, a Family Physician and our new Medical Director, is trained to care for patients of all ages, from infancy through the end of life. "I've been a family doctor in the full sense of that work. I love taking care of children, from newborns to teenagers. I guess I am the modern version of the general practitioner who likes to take care of people."



**Christopher Hwang, NP-C**

Christopher Hwang, the newest member of our health care team, is a Nurse Practitioner with experience evaluating and managing acute and chronic illnesses. "My goal is to deliver the highest level of quality care, and to provide information to my patients to help them make an educated decision about their health."



**Get your flu shot and Tdap immunization for FREE**

### WHAT IS Tdap?

Tdap is a "booster" vaccine used to help prevent diphtheria, tetanus, and pertussis (whooping cough) in both adults and adolescents. It is given as a single, one-time injection into the deltoid muscle of the upper arm (where most immunizations are given).

**Tetanus**, or lockjaw, is caused by a bacterium often found in soil. Once it enters the body it releases a toxin that attacks the nervous system, causing muscle spasms and death if left untreated.

**Diphtheria** is a respiratory disease that can cause breathing problems, paralysis, heart failure, and death. It's highly contagious and is spread by coughing and sneezing.

**Pertussis**, also highly contagious, causes coughing spasms so severe that in infants it makes it difficult to eat, drink, or even breathe. It can lead to pneumonia, seizures, brain damage, and death.

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**What is influenza (also called flu)?**

The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting a flu vaccine each year.



## Now Accepting NEW PATIENTS

York County Community Health Care provides primary medical, dental and behavioral health care to residents of York County and neighboring communities. We offer preventive care as well as treatment for acute and chronic problems. We also offer patient education, care management and referrals to services such as specialty care and transportation. Our integrated approach assures that health center patients have prompt access to our full range of services as needs arise.

We offer same day appointments Monday through Friday and accept MaineCare, Medicare and commercial insurance. For patients without insurance, we offer sliding-fee discounts based on household income. No one will be denied services based on their ability to pay.

To schedule an appointment, call  
**490-6900**

Visit our website at:  
**[www.yccac.org](http://www.yccac.org)**

## COMMUNITY Tdap & FLU CLINIC

**December 19, 2012  
1:00 - 4:00 PM**

Shots to be  
administered at

York County  
Community Action  
6 Spruce Street  
Sanford, ME 04073

**ALL SHOTS ARE  
FREE**